Thinking Outside the Separate Space (TOSS):
A decision-making tool for designing youth-friendly services

WHAT IS TOSS?
This tool, developed for the global sexual and reproductive health (SRH) community, seeks to advance services tailored to young people’s needs. TOSS guides program designers in selecting and adapting appropriate youth-friendly service (YFS) delivery model(s) based on the country context, target population, desired behavioral and health outcomes, SRH services to be offered, and needs and objectives for scalability and sustainability.

WHY TOSS?
Adolescents and youth (10-24 years) have the right to live healthy sexual and reproductive lives. Many adolescents and youth in low-and-middle-income countries (LMIC) lack the information, skills, agency, and access to services that would enable them to fulfill their rights to lead healthy sexual and reproductive lives. The use of high-quality and comprehensive SRH services could prevent or mitigate many of these poor health outcomes. However, a wide range of barriers prevent young people from accessing these services. YFS are designed to mitigate these barriers and can be provided to young people in a variety of ways. The most common approach—using a separate space or clinic to ensure privacy coupled with recreational and other programs to attract young people—has been implemented across a range of LMIC contexts. Yet, this model may not always be the most appropriate to the local context, it might not meet the needs of the specific young women and men that the program is aiming to serve, it may be more costly than other alternatives, and it has not been shown to be consistently scalable or sustainable. Currently, there is no global tool to guide program designers through the decision-making process that is required to develop an adapted YFS model. This tool has been developed to fill this gap.

HOW IS IT ORGANIZED?
This tool is organized into four sections: Section 1 describes seven different YFS models frequently-implemented in LMIC. Section 2 walks through the seven steps that program designers should take in choosing one or more of these models. Section 3 highlights the support elements, such as generating youth demand and fostering an enabling environment, that are important to consider when developing and implementing any approach to YFS. Section 4 offers additional recommendations on adapting services to reach specific vulnerable sub-populations of young people.

WHO IS TOSS FOR?
This tool is developed for program designers, including government officials, NGO staff, donors, among others, interested in improving the SRH and fulfilling the rights of young people by increasing access to and use of SRH services.

WHERE CAN I ACCESS IT?

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