Not Without Us!
A Digital Tool for AYRH-Responsive Planning (TARP)

What is It?

Not Without Us! A Tool for AYRH-Responsive Planning (TARP) is a digital tool to analyze family planning (FP)/reproductive health (RH) plans to determine how responsive the plans are to the needs of young people, ages 15-24. It is designed for use by youth, other individuals, organizations and governments who seek to enhance FP plans to better meet the diverse needs of youth.

What Kind of Results does TARP Provide?

- Percentage of activities and budget allotted to activities that are youth-centric.
- Percentage of youth-centric activities and budget allotted to four different activity domains
- Comparison of your plan’s youth-centric activities and budget with data about young people from your country.
- An assessment of the technical quality of activities and provides an opportunity to strengthen the activities.

How Does It Work?

1. Simply enter ALL of the activities contained in your plan, categorize the activities by domain, enter the budget amount allocated to each activity, and determine whether the activity is focused on youth. A summary page will appear that will allow you to edit any of the information you have provided.

2. Next, you will have the opportunity to learn about evidence-informed practices (EIPs), for improving AYRH. You will use what you have learned about EIPs to determine to what degree the youth-focused activities in your plan are aligned with the EIPs.

3. The results page will show you the proportion of activities and budget devoted to youth in your plan. Data generated through the tool about young people in your country will help you reflect whether your proposed activities and budget are in line with youth needs. You will also be shown a graph which depicts the degree to which your plan’s activities align with EIPs. Finally, using the information on EIPs, you will be given the opportunity to revise and strengthen the activities and make recommendations.

What Will I Gain?

TARP gives you results you can use to promote discussions and raise awareness about the needs of young people. The concrete information on the results page is intended to be used with policy makers and other stakeholders to advocate increased investment in AYRH, so as to lay the foundation for healthier future generations.

Where Can I Access TARP?

Check out the TARP tool by visiting: tarp.e2aproject.org